

Need a Friend?

Are you feeling alone or confused?

Does everyone have different opinions about what you should do?

Do you wish someone would just LISTEN?

We realize that talking with Someone about your feelings and Concerns is important right now. Conflicts within yourself may make this difficult.

Our counselors will help you



YOU DON'T HAVE TO FACE IT ALONE.

WE CARE ABOUT YOU!

Riverside Life Services

Pregnancy Counseling Center



Hours: Monday thru Friday
10:00 AM to 4:00 PM

Walk-ins are welcome

Bilingual Counselors Available

3727 McCray Street
Riverside, CA 92506
951-784-2422
HOTLINE: 951-784-2725
www.riversidelifeservices.org

FREE PREGNANCY TESTS
FREE Confidential Counseling

**WE PUT THE NEEDS OF
WOMEN AND CHILDREN
BEFORE OUR OWN**

PREGNANT?

CONSIDERING OPTIONS?

We offer free pregnancy tests



Riverside Life Services

Pregnancy Counseling Center

WE CAN HELP YOU!

951-784-2422

Services we offer

Free pregnancy testing
Friendship counseling
Crisis pregnancy counseling
Adoption referrals and counseling
Abstinence counseling
Post abortion counseling
Prenatal and postnatal assistance
Maternity clothes
Layettes / Baby clothes
Baby food
Baby formula
Diapers
Baby equipment & furnishings
Referral for legal aid
Referral for medical aid
Maternity home referral
Community Outreach Program
Parent Support Group
Earn While You Learn Program
Volunteer Opportunities
Volunteer Training

**ALL SERVICES ARE
OFFERED AT NO CHARGE
AND WITH STRICT
CONFIDENTIALITY**

PARENT SHOPPING STORE

Parent Support Group
Earn While You Learn Program

Earn points while attending
FREE parenting classes.

These points can then be redeemed in our
PARENT SHOPPING STORE.

Many baby, personal and
household merchandise can be yours
FREE with your points.



Trained volunteers are prepared to help you,
whether you are married or single;
regardless of age, race or religion.

We are a non-political,
non-sectarian organization.

**WE ARE FUNDED
ENTIRELY BY DONATIONS.**

Q: How can I be sure I am pregnant?

A: We offer FREE pregnancy tests.

Q: Who can I talk to about my concerns?

A: Our trained counselors are available to listen and offer support.

Q: Should I keep my baby?

A: We provide counseling and information about your options.

Q: Can I keep my baby?

A: Many resources are available to enable you to parent your child. We also offer adoption information and counseling.

Q: How should I tell my family?

A: We can help you decide the best way to tell them. Counseling is also extended to your parents, husband or boyfriend.

Q: Can I keep my job or continue school?

A: We'll help you explore ways of continuing your career or education.

Q: How can I obtain good medical care?

A: We can refer you to a doctor in your area.

Q: What about finances?

A place to live?

A: We have information about numerous community resources and "maternity" homes or private homes that will assist you.